

Tri-County Schools Insurance Group

Executive Committee Meeting Agenda

Friday, June 19, 2020 at 9:30 AM

NO GATHERING will be held at the TCSIG Board Room

ATTENDEES

Officers

Sutter Union High School Dist.	Ryan Robison	President
Glenn County Office of Ed.	Randy Jones	Vice President
Sutter County Supt. of Schools	Ron Sherrod	Secretary

Directors

Brittan	Staci Kaelin
Colusa County Office of Ed.	Serena Morrow- Absent
Feather River College	David Burris- Absent
Franklin Elementary School Dist.	Lisa Shelton
Lake Tahoe Community College	Shelley Hansen- Absent
Maxwell Unified School Dist.	Danielle Wilson
Modoc Joint Unified School Dist.	Tom O'Malley
Nuestro Elementary School Dist.	Bal Dhillon
Plumas Lake Elementary School Dist.	Ajit Kang
Sierra Plumas Joint Unified	Laraine Sei
Wheatland Elementary School Dist.	Craig Guensler
Yuba City Unified School District	Robert Shemwell
Yuba Community College Dist.	Donald Grady- Absent
Yuba County Office of Education	Mary Pa Hang

Consultants

Acorn Health Group	Dr. Chris Campbell, Suzette Campbell
Advisor to TCSIG Executive Board	Mathew D. Evans
Delta Health Systems	Monique Aguilar, Patrick McTighe
Goodman Consulting LLC	Dawn Goodman
Trident Property Management	Robert McNeil
USI	Steve Freeman, John Canepa, Peter Gilbertson

Staff

Chief Financial Officer	Lynn Whitlock
Finance and Operations Manager	Marisa Garramore
Administrative Clerk	Becca McIntosh

Visitors

Plumas Lake Elementary School Dist.	Jennifer Stephens
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A. Call to Order

President Ryan Robison called the meeting to order at 9:30am

B. Flag Salute

C. Roll Call

- a. Establish a Quorum

D. Public Comments

This is an opportunity for members of the public to address the Executive Board on any matter within the Executive Board's jurisdiction that is listed or not listed on the Agenda. To ensure fair and equal treatment of all who appear before the Executive Committee, and to expedite Executive Committee business, speakers will be limited to three minutes. The three-minute per speaker time limitation may be extended for good cause by the President, or by the majority vote of the executive committee. Anyone wishing to be placed on the Agenda for a specific topic should contact the TCSIG office and submit correspondence at least 10 days before the desired date of appearance.

No public comment.

E. Consent Agenda

- a. Approval of Minutes: May 22, 2020
b. Approval of Payments: May 2020

Motion to approve May 22, 2020 minutes and May 2020 payments: Tom O'Malley
Second: Danielle Wilson

The motion was approved unanimously by the voting members present as listed on page 1.

F. Reports

- a. President's Report

President Ryan Robison commented on the efforts to conduct graduations. He noted TCSIG is adhering to the guidelines and recommendations to open the Administrative office. Mr. Robison also noted that section G of the agenda subpart e needs to be removed.

G. Information and Discussion Items

- a. USI: John Canepa; Peter Gilbertson
i. Present Recommendation for: TCSIG Reopening Admin Office per COVID-19 Guidelines
ii. Present Recommendation for: Reopening TCSIG Wellness Center per COVID-19 Guidelines

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Steve Freeman introduced his team, John Canepa and Peter Gilbertson from USI. Mr. Freeman explained how Mr. Gilbertson and Mr. Canepa will be going over resources and tools that have been made available to TCSIG and the districts. Mr. Canepa reviewed the main USI website at www.usi.com and additional resource within the USI intranet. Mr. Gilbertson explained the many resources on the website regarding COVID-19 and material on reopening. He also stated the website is frequently updated so TCSIG will have access to current information.

- b. Acorn Health Group: Dr. Chris Campbell; Suzette Campbell
 - i. Transition of TCSIG Wellness Center
- c. Best Life Medicine: Dr. Chris Campbell; Suzette Campbell
 - i. Discussion of Functional Medicine Benefits

Matt Evans introduced Dr. Campbell and Suzette Campbell and explained how they are taking over management of the TCSIG Wellness Center. He also noted Dr. Campbell will be introducing Functional Medicine as an option for TCSIG members. Dr. Campbell gave a short explanation on his medical background and spoke about the management transition.

Mr. Evans stated that he has given Dr. Campbell 90 days to evaluate the Wellness Center to see how things are running and to make some changes to help improve the clinic. Dr. Campbell discussed the importance of patient care and advocacy and how patients should be treated how he would want to be treated. Mr. Evans then explained how there is a separate contract with Dr. Campbell to help TCSIG members through Functional Medicine. Mr. Evans believes this is the best choice for some members and recommends that TCSIG incentivize the utilization of this offering. Dr. Campbell stated that with Functional Medicine he tries to get down to and treat the root of the problem for patients.

- d. Goodman Consulting: Dawn Goodman
 - i. Functional Medicine
 - 1. Action Item: Discussion and possible approval of proposed Plan Document amendments to allow for functional medicine benefits and related incentives

Dawn Goodman provided an overview of the proposed plan amendment to add Functional Medicine to the TCSIG plans. Dr. Campbell, Best Life Medicine, was added to the schedule of benefits, given an explanation section and was added as a preferred provider. The amendment also explains there is no referral needed and the copay/fees

Tri-County Schools Insurance Group

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are waived for the four PPO plans if members use Best Life Medicine with Dr. Campbell. There is also no non-preferred provider coverage so if a member uses a different Functional Medicine provider it will not be covered. Ms. Goodman then reviewed the proposed plan amendment for the CDHP Plan Document. She explained how Functional Medicine at Best Life Medicine is covered but there is a fee with this plan due to the IRS guidelines. To incentivize members on the CDHP plan to still use Functional Medicine it will be at a 10% coinsurance rate.

- e. Risk Strategies: Fred Cannon, Paul Harrison, Amber Olivan
 - i. Action Item: Discussion and possible approval of Property & Casualty program rates

President Ryan Robison stated this item has been removed from the agenda.

- f. TCSIG – Becca McIntosh
 - i. Action Item: Request for adoption of Resolution Number EC/2020-003 – Approval of proposed 2021 Executive Committee Calendar

Becca McIntosh provided an overview of the proposed 2021 Executive Committee Meeting Calendar. She stated that the main changes made to the calendar were removing the May and December meetings to have only eight meetings per year as previous years.

In reviewing our prior history, TCSIG managed ourselves with eight meetings in the years past and it was recommended we do it again this year to reduce the strain on our board.

Mr. Evans then explained how he and the TCSIG staff reached this decision. He stated he spoke with Lynn Whitlock and Marisa Garramore and when they reviewed previous years there were only eight meetings per year which he believes TCSIG and the Board can do again.

Randy Jones noted that had been a mistake on the date for the April meeting, it is listed as April 24, 2021 when it should be April 23, 2021. Ms. McIntosh stated it will get updated right away.

- g. Trident Property: Robert McNeil
 - i. Lease negotiations

Tri-County Schools Insurance Group

Executive Committee Meeting Agenda

Friday, June 19, 2020 at 9:30 AM

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Robert McNeil gave a recap on the purchase of 400 Plumas Blvd and the lease negotiations with the tenants. Mr. McNeil stated he was able to get the lease contracts signed with the upstairs tenant and has a verbal commitment from the downstairs tenant and the contract is currently with the tenant legal team awaiting signature. These lease agreements will keep the tenants in the building for an additional five years. Mr. McNeil also stated that during lease negotiations the upstairs tenant also rented the vacant suite located on the first floor.

Entered closed session at 11:10AM.

H. Closed Session

- a. Claims (1) pursuant to Subdivision (b) 54956.95 and 6276.26
- b. Personnel Pursuant to Section 54957(b) and Section 54957.6
- c. Report on status of programs and contracts pursuant to Government Code Section 54950; 6276.02 and 54956.87; 6276.30; 6276.44; 6276.48; 11126; 6254.25(h)(ii)
- d. CONFERENCE WITH LEGAL COUNSEL-ANTICIPATED LITIGATION (Government Code 54956.9)

Significant Exposure to Litigation Pursuant to Paragraph (2) of Subdivision (d) of Section 54956.9

Three potential cases

Returned to open session at 12:54PM.

No action was taken during closed session.

I. Action Items

- a. Consideration and possible approval of Plan Amendment to allow for functional medicine benefits and related incentives.
Motion to approve plan amendment to allow for functional medicine benefits and related incentives: Craig Guensler
Second: Randy Jones
The motion was approved unanimously by the voting members present as listed on page 1.
- b. Adopt Resolution EC/2020-003 - Meeting Calendar for 2021
Motion to adopt Resolution EC/2020-003 - Meeting Calendar for 2021: Lisa Shelton
Second: Staci Kaelin
The motion was approved unanimously by the voting members present as listed on page 1.

J. Items for Next Agenda

In compliance with the Americans with Disabilities Act, if you need a disability-related medication or accommodation, including auxiliary aids or services, to participate in this meeting, please contact the Tri-County Schools Insurance Group Office, Marisa Garramore (530) 822-5299 or marisa@tcsig.com at least 48 hours in advance of the meeting.

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Executive Committee Meeting Agenda

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President Ryan Robison asked that the Board think of questions and ideas for the future of TCSIG.

K. Adjournment

Motion to adjourn meeting: Danielle Wilson

Second: Tom O'Malley

The motion was approved unanimously by the voting members present as listed on page 1.

Meeting was adjourned at 12:58PM.