



We are excited to introduce you to the new TCSIG Wellness Center tele-visit capabilities! Using this online application will allow you to visit face to face with one of our Nurse Practitioners via video-chat from your desktop or mobile device.

**To use this service just follow these three simple steps:**

1. Go to URL: <http://app.evisit.com/#/enroll/tcsigwellnesscenter> and set up your telehealth account. It involves answering a few short questions about your current health status. You are then ready to schedule a virtual visit.
2. When you want to schedule a virtual office visit call the TCSIG Wellness Center at (530)822-5500 and request to set-up an appointment for eVisit.
3. When it is time for your visit return to <http://app.evisit.com/#/enroll/tcsigwellnesscenter> and log in. Then wait in the virtual waiting room for the Nurse Practitioner to arrive. They will arrive shortly.

**FOR FUTURE VISITS REPEAT STEPS 2 & 3 ONLY**

**A few helpful pointers:**



Save these links under your "favorites" for future visits from your computer.



For use on a mobile device go to the app store and download the "eVisit" app to your phone or tablet.



Be sure the device you want to use for your telehealth visit has a camera and strong internet/wifi connectivity.

If you have questions, call us at **(530) 822-5500**. Thank you and we hope to see us soon!