

**Effective July 1, 2016**

When you need a clinician right away, always call the TCSIG Wellness Center first. You can use eVisit to connect to TCSIG's clinician via computer, tablet, or smartphone. Call 530-822-5500 for more information. When the TCSIG Wellness Center is not available (after hours), then call PlushCare.

PlushCare's network of doctors is available online or over the phone and provides treatments for hundreds of conditions. If appropriate, the doctor can write a prescription and have it sent immediately to the pharmacy of your choice. You and your family no longer have to wait to get the care you need!

## PlushCare Treats:

- Bronchitis
  - Chickenpox
  - Ear Infections
  - Impetigo
  - Kidney Infections
  - Lice
  - Pink Eye-
  - Pneumonia
  - Pre-travel Questions and Prescriptions
  - Rashes / Dermatitis
  - Sinus Infection (Sinusitis)
  - Sore Throat
  - STD Testing and Treatment
  - The Common Cold and Stomach Flu
  - Urinary Tract Infection
- And More!**

*"I was booked a same-day appointment with Dr. Marks who was very patient and willing to answer all my questions. He diagnosed my illness over the phone and sent a prescription directly to my neighborhood pharmacy!"*

*—Stephanie L., San Francisco, CA*

Ready to get started?  
Call for Free \* Today!

866-460-6205 or visit [www.plushcare.com](http://www.plushcare.com) for  
more information or to book an appointment.