

**Tri-County Schools Insurance Group**  
Executive Committee Meeting  
400 Plumas Blvd, Suite 220, Yuba City, CA 95991  
Friday, June 16, 2023, at 9:30 AM  
Minutes

**This meeting is being conducted by teleconference at the following locations:**

109 Beckwith Street, Loyalton, CA 96118  
1718 Churchill Way, Plumas Lake, CA 95961

Each teleconference location is open to the public and any member of the public has an opportunity to address the Board from a teleconference location in the same manner as if that person attended the regular meeting location. The Board will control the conduct of the meeting and determine the appropriate order and time limitations on public comments from teleconference locations.

ATTENDEES

Officers

Wheatland Elementary School Dist.	Craig Guensler	President
Franklin Elementary School Dist.	Lisa Shelton	Vice President- <b>Absent</b>
Sutter County Supt. of Schools	Ron Sherrod	Secretary

Directors

Colusa County Office of Ed.	Sabrina Myers
Feather River College	Kevin Trutna
Glenn County Office of Ed.	Sylvia Gonzales- <b>Absent</b>
Lake Tahoe Community College	Shelley Yohnka - <b>Absent</b>
Maxwell Unified School Dist.	Danielle Wilson
Modoc Joint Unified School Dist.	Tom O'Malley
Nuestro Elementary School Dist.	Bal Dhillon
Pierce Unified School District	Daena Meras
Plumas Lake Elementary School Dist.	Ajit Kang- <b>Absent</b>
Sierra Plumas Joint Unified	Laraine Sei
Sutter Union High School Dist.	Dawn Heraty
Yuba City Unified School District	Scott Bentley - <b>Absent</b>
Yuba Community College Dist.	Kuldeep Kaur- <b>left early at 12:35pm</b>
Yuba County Office of Ed.	Mary Pa Hang

Employee Benefits Advisory Committee (EBAC)

Plumas Lake ESD	Heather Fowles
Colusa COE	Brenda Ramirez- <b>Absent</b>

Consultants

Advisor to TCSIG Executive Board	Mathew D. Evans
Anthem	Therese Nielsen
Doerksen Taylor Trial Lawyers	Charles Doerksen
Farmer Curtis Law	Craig Farmer
HealthComp	Renee Stout, Dawn Goodman
Newfront	Mark Stokes, Jennet Horder
Risk Strategies	Fred Cannon, Paul Harrison, Stephanie Morrisoe
USI	Steve Freeman

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Wellness Within Bridget Connealy  
 Winner Chevrolet Colfax Casey Dekoning, Jerry Powers

Staff

Director of Finance, Strategic Planning Lynn Whitlock  
 Finance and Operations Manager Marisa Garramore  
 Administrative Clerk Becca McIntosh

Guest

A. Call to Order

President Craig Guensler called the meeting to order at 9:30 AM.

B. Flag Salute

C. Roll Call

a. Establish a Quorum

D. Public Comments

This is an opportunity for members of the public to address the Executive Board on any matter within the Executive Board’s jurisdiction that is listed or not listed on the Agenda. To ensure fair and equal treatment of all who appear before the Executive Committee, and to expedite Executive Committee business, speakers will be limited to three minutes. The three-minute per speaker time limitation may be extended for good cause by the President, or by the majority vote of the executive committee. Anyone wishing to be placed on the Agenda for a specific topic should contact the TCSIG office and submit correspondence at least 10 days before the desired date of appearance.

No public comment.

E. Consent Agenda

- a. Approval of Minutes: May 12, 2023 Executive Committee Meeting
- b. Approval of Payments:
  - i. May 2023

Motion to approve May 12, 2023 Executive Committee Meeting and May 2023 payments: Tom O’Malley  
 Second: Kuldeep Kaur

Colusa County Office of Ed.	Sabrina Myers	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	Lisa Shelton	<b>Absent</b>
Glenn County Office of Ed.	Sylvia Gonzalez	<b>Absent</b>
Lake Tahoe Community College	Shelley Yohnka	<b>Absent</b>
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Tom O’Malley	Yes
Nuestro Elementary School Dist.	Bal Dhillon	Yes

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### Minutes

Pierce Unified School District	Daena Meras	Yes
Plumas Lake Elementary School Dist.	Ajit Kang	<b>Absent</b>
Sierra Plumas Joint Unified	Laraine Sei	Yes
Sutter County Supt. of Schools	Ron Sherrod	Yes
Sutter Union High School Dist.	Dawn Heraty	Yes
Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	<b>Absent</b>
Yuba Community College Dist.	Kuldeep Kaur	Yes
Yuba County Office of Ed.	Mary Pa Hang	Yes

#### F. Reports

##### a. President's Report

President Craig Guensler thanked everyone for attending today's meeting.

#### G. Information and Discussion Items

##### a. Health Comp: Dawn Goodman / Renee Stout

###### i. Plan Document Amendment

Renee Stout introduced Dawn Goodman to the board and explained that Dawn is part of the compliance team at HealthComp. She has worked with TCSIG for a long time and is very familiar with the TCSIG Plan Document and she works hard to keep TCSIG in compliance with any required changes.

Dawn Goodman stated there were some significant changes that needed to be made to the TCSIG Plan Document. She then reviewed the Executive Summary that highlighted the changes that were made to the TCSIG Plan Document. The summary said HealthComp amended the Plan Document and Summary Plan Description for the Employee Health Care Plan to reflect the end of the Public Health Emergency pertaining to COVID-19, and the enactment of Title I (the No Surprises Act) of Division BB of the Consolidated Appropriations Act, 2021. Ms. Goodman then went through a redlined copy of the TCSIG Plan Document showing each change.

The changes related to the ending of the COVID-19 emergency ending were no longer waiving the cost for COVID testing, no long covering over the county COVID test kits or requiring to provide eight tests per family member per month, waiving the cost for out-of-network COVID vaccines or waiving the deductible on the CDHP plan for COVID related services. COVID Vaccines having been added as a preventative benefit when obtained by an in-network provider.

The changes implementing the No Surprises Act include prohibiting balance billing, continuity of care and amending the definition of Emergency Medical Condition and Emergency Services. The balance billing is specifically for emergency services for out-of-network providers or facilities, certain non-emergency services from out-of-network providers at in-network hospitals or ambulatory surgical centers, and out-of-network air ambulances. Providers in this situation would be reimbursed at Qualified Payment Amount (QPA) which is the median of the contracted rates for the same or a similar

## Tri-County Schools Insurance Group

Executive Committee Meeting

400 Plumas Blvd, Suite 220, Yuba City, CA 95991

Friday, June 16, 2023, at 9:30 AM

### Minutes

service provided in the same or similar specialty in the same geographic region. If a provider is not satisfied with the QPA they can request to negotiate with the Plan and if they are still not satisfied, they can request an Independent Dispute Resolution (IDR). For Continuity of Care members can receive care for up to 90 days when a provider leaves the Anthem network, but the provider must accept the network reimbursement rate. Also, there are limited types of treatment that are allowed under Continuity of Care which are identified further in the TCSIG Plan Document.

The amendment to Emergency Medical Condition and Emergency Services requires any immediate medical treatment be covered by the Plan even if the services are excluded by the Plan. This coverage also includes emergency room care and pre-stabilization services that were provided after the member is admitted to a hospital and additional services given after the member is stabilized as part of Emergency Services.

The last section updated in the TCSIG Plan Document was text related to the Consumer Directed Health Plan (CDHP). These updates clarified that TCSIG does not contribute to Health Savings Accounts, it reflects the specialty pharmacy benefits, and it removed references to first dollar benefits for mental health benefits and deductible carryover because these are not permitted by the IRS.

b. Wellness Within: Bridget Connealy

i. Introduce Cancer Program

Bridget Connealy from Wellness Within introduced a no cost cancer support program to the TCSIG board. Wellness Within is located in Roseville, CA and also offers online services. Their program offers services to cancer patients, survivors, and their loved ones. The program was founded by Patty Brown who was a psychologist and now it is run by two cancer survivors. Ms. Connealy then walked the board through the Wellness Within website which has offers podcasts, classes, videos, nutrition services, and lessons/modules on different issues cancer patients, survivors or loved ones can face. All lessons are self-paced and are a great support tool for members. Ms. Connealy also stated their program has been vetted by Sutter, UC Davis, and Kaiser.

c. Winner Chevrolet Colfax, CA: Casey Dekoning

i. Opportunity for Fleet Vehicle Purchases

Casey Dekoning and Jerry Powers from Winner Chevrolet presented to the board regarding fleet vehicle purchases for TCSIG districts. Mr. Dekoning stated their company will deal directly with the districts for fleet vehicle purchases instead of having to go through a dealership. Mr. Powers then said they are 100% focused on fleet vehicles and have found a better way to streamline the process to make it more effective.

Break 10:58am-11:05am

Entered closed session at 11:05am

H. Closed Session

a. Claims (1) pursuant to Subdivision (b) 54956.95 and 6276.26

**Tri-County Schools Insurance Group**

Executive Committee Meeting

400 Plumas Blvd, Suite 220, Yuba City, CA 95991

Friday, June 16, 2023, at 9:30 AM

Minutes

- b. Personnel Pursuant to Section 54957(b) and Section
- c. 54957.6
- d. Report on status of programs and contracts pursuant to Government Code Section 54950; 6276.02 and 54956.87; 6276.30; 6276.44; 6276.48; 11126; 6254.25(h)(ii)
- e. CONFERENCE WITH LEGAL COUNSEL-ANTICIPATED LITIGATION (Government Code 54956.9)  
Significant Exposure to Litigation Pursuant to Paragraph (2) of Subdivision (d) of Section 54956.9  
Three potential cases

Returned to open session at 12:31pm  
No Action to report from closed session.

I. Action Items

- a. Discussion and Possible Approval – Resolution # 2023-07 for Plan Document Amendment  
Motion to approve Resolution # 2023-07 for Plan Document Amendment: Daena Meras  
Second: Ron Sherrod

Colusa County Office of Ed.	Sabrina Myers	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	Lisa Shelton	<b>Absent</b>
Glenn County Office of Ed.	Sylvia Gonzalez	<b>Absent</b>
Lake Tahoe Community College	Shelley Yohnka	<b>Absent</b>
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Tom O’Malley	Yes
Nuestro Elementary School Dist.	Bal Dhillon	Yes
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Sutter Union High School Dist.	Dawn Heraty	Yes
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Yuba Community College Dist.	Kuldeep Kaur	<b>Absent</b>
Yuba County Office of Ed.	Mary Pa Hang	Yes

- b. Discussion and Possible Approval - Property/Casualty coverage rate recommendation

Motion to approve Property/Casualty coverage rate recommendation that was presented but delegate the TCSIG Subcommittee to finalize the pending rate: Ron Sherrod  
Second: Bal Dhillon

Colusa County Office of Ed.	Sabrina Myers	Yes
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## Tri-County Schools Insurance Group

Executive Committee Meeting

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Friday, June 16, 2023, at 9:30 AM

### Minutes

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Franklin Elementary School Dist.	Lisa Shelton	<b>Absent</b>
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Sutter Union High School Dist.	Dawn Heraty	Yes
Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	<b>Absent</b>
Yuba Community College Dist.	Kuldeep Kaur	<b>Absent</b>
Yuba County Office of Ed.	Mary Pa Hang	Yes

- c. Discussion and Possible Approval – Resolution # 2023-08 for PRISM JPA agreement/MOU

Motion to approve Resolution # 2023-08 for PRISM JPA agreement/MOU and delegate President Craig Guensler to sign today: Danielle Wilson  
Second: Dawn Heraty

Colusa County Office of Ed.	Sabrina Myers	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	Lisa Shelton	<b>Absent</b>
Glenn County Office of Ed.	Sylvia Gonzalez	<b>Absent</b>
Lake Tahoe Community College	Shelley Yohnka	<b>Absent</b>
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Yuba County Office of Ed.	Mary Pa Hang	Yes

### J. Items for Next Agenda

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K. Adjournment

Motion to adjourn meeting: Bal Dhillon

Second: Sabrina Myers

Meeting adjourned at 12:47pm

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Franklin Elementary School Dist.	Lisa Shelton	<b>Absent</b>
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Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	<b>Absent</b>
Yuba Community College Dist.	Kuldeep Kaur	<b>Absent</b>
Yuba County Office of Ed.	Mary Pa Hang	Yes

Submitted by Becca McIntosh at the August 11, 2023 Executive Committee meeting.