

Tri-County Schools Insurance Group

Executive Committee Meeting Minutes

400 Plumas Blvd, Suite 220, Yuba City, CA 95991

Friday, December 6, 2024, at 9:30 AM

This meeting is being conducted by teleconference at the following locations:

570 Golden Eagle Ave, Quincy, CA 95971

906 W. 4th Street, Alturas, CA 96101

109 Beckwith Road, Loyalton, CA 96118

Each teleconference location is open to the public and any member of the public has an opportunity to address the Board from a teleconference location in the same manner as if that person attended the regular meeting location. The Board will control the conduct of the meeting and determine the appropriate order and time limitations on public comments from teleconference locations.

ATTENDEES

Officers

Wheatland Elementary School Dist.	Craig Guensler	President
Franklin Elementary School Dist.	Lisa Shelton	Vice President
Sutter County Supt. of Schools	Ron Sherrod	Secretary

Directors

Colusa County Office of Ed.	Aaron Heinz- Absent
Feather River College	Kevin Trutna
Glenn County Office of Ed.	Ronnie Stenquist, Sylvia Gonzalez
Lake Tahoe Community College	Shelley Yohnka - Absent
Maxwell Unified School Dist.	Danielle Wilson
Modoc Joint Unified School Dist.	Elizabeth Guzman
Nuestro Elementary School Dist.	Bal Dhillon - Absent
Pierce Unified School District	Daena Meras
Plumas Lake Elementary School Dist.	Ajit Kang
Sierra Plumas Joint Unified	Laraine Sei
Sutter Union High School Dist.	Dawn Heraty- Absent
Yuba City Unified School District	Scott Bentley- Absent
Yuba Community College Dist.	Kathryn Wilkins
Yuba County Office of Ed.	Mary Hang

Employee Benefits Advisory Committee (EBAC)

Plumas Lake ESD	Heather Fowles- Absent
Colusa COE	Brenda Ramirez- Absent

Consultants

Acorn Health Group	Shea Smith
Advisor to TCSIG Executive Board	Mathew D. Evans
Anthem Blue Cross	Therese Nielsen, Marty Lutzeier, Yvonne Chandler
Moss Adams	Will Norris, Chuck Nefkens
Newfront	Mark Stokes, Jennet Horder
Risk Strategies	Paul Harrison, Stephanie Morrisroe
USI	Steve Freeman

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Staff

Deputy Executive Director	Ryan Robison
Director of Finance, Strategic Planning	Lynn Whitlock
Chief Financial Officer	Marisa Garramore
Finance and Operations Manager	Nisha Johnson
Administrative Clerk	Becca McIntosh

Guest

Sutter Union High School Dist. Jed Nunes

A. Call to Order

President Craig Guensler called the meeting to order at 9:35am.

B. Flag Salute

C. Roll Call

- a. Establish a Quorum

D. Public Comments

This is an opportunity for members of the public to address the Executive Board on any matter within the Executive Board's jurisdiction that is listed or not listed on the Agenda. To ensure fair and equal treatment of all who appear before the Executive Committee, and to expedite Executive Committee business, speakers will be limited to three minutes. The three-minute per speaker time limitation may be extended for good cause by the President, or by the majority vote of the executive committee. Anyone wishing to be placed on the Agenda for a specific topic should contact the TCSIG office and submit correspondence at least 10 days before the desired date of appearance.

No public comment.

E. Consent Agenda

- a. Approval of Minutes: August 09, 2024, Executive Committee Meeting, September 18-20,2024 Executive Committee Planning Meeting
- b. Approval of Payments: August 2024, September 2024, October 2024, November 2024

Motion to approve August 09, 2024, Executive Committee Meeting, September 18-20,2024 Executive Committee Planning Meeting minutes and August 2024, September 2024, October 2024, November 2024 payments: Daena Meras
Second: Danielle Wilson

Colusa County Office of Ed.	Aaron Heinz- Absent
Feather River College	Kevin Trutna
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Sutter Union High School Dist.	Dawn Heraty- Absent
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Yuba City Unified School District	Scott Bentley- Absent
Yuba Community College Dist.	Kathryn Wilkins
Yuba County Office of Ed.	Mary Hang

F. Reports

a. President's Report

President Craig Guensler stated TCSIG faces many challenges and changes but remains steadfast. Over the last eight years there have only been two rate increases for medical premiums. It is inevitable that costs will go up but with strong dedicated leadership we will continue to move forward.

G. Information and Discussion Items

a. Trident Property: Robert McNeil

i. New Commercial Building Acquisition - 470 Plumas Blvd., Yuba City, CA 95991

1. For the purposes of providing a clinic

ii. Resolution #2024-008 Acquisition of 470 Plumas Blvd., Yuba City, CA 95991

Bobby McNeil addressed the board regarding the acquisition of 470 Plumas Blvd. The last time he updated the board he was giving a status of the union update and going over how the 400 Plumas was going and it is still going well. He stated one of the conversations he had with Matt Evans, Mr. Evans shared a dream to buy another building similar to 400 Plumas Blvd in hopes of putting the Wellness Center in it. Mr. McNeil said lightning doesn't strike twice but that he would look and while TCSIG was at their annual Planning meeting a building did hit the market meeting what TCSIG was looking for so Mr. McNeil contacted Mr. Evans for authorization to move forward. Once he contacted the owner there had already been eight calls of interest on the property, mostly Sutter Health since they are already occupying part of the building. Mr. McNeil was able to secure the building for TCSIG with a quick six-week escrow and closed on the building. The TCSIG Wellness Center will most likely be moved to this location in the open suite on the bottom floor. He believes the tenants since they are Sutter will remain because they own the other surrounding buildings in the area. He believes this will help keep rates down because we will get a good return on our investment.

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- b. Crowe: Ryan Demming, Adam Randolph
 - i. Review of 2023/2024 Financial Audit
 - ii. Resolution #2024-009 Resolution Authorizing 2023/2024 Audited Financial Statements

Ryan Demming thanked everyone for working well together on the audit. He went over Crowe's audit approach and then they selected what areas were identified to look into further. For TCSIG it was a standard audit. The audit came back clean with nothing to report. He then reviewed required communications and noted there were no findings to report. They also checked for fraud and there were no fraud or illegal acts found. He then went over TCSIG's financial statements, noting some losses but nothing major or concerning. Mr. Demming stated this was a very clean audit and was thankful for everyone's cooperation.

- c. TCSIG: Becca McIntosh
 - i. Amend 2025 Meeting Calendar
 - 1. Everline Resort and Spa 10/01/2025-10/3/2025
 - 2. Resolution #2024 – 005 Amending 2025 Meeting Calendar

Becca McIntosh presented a revised meeting calendar for 2025. The TCSIG Planning Meeting needs to be moved to October 1, 2025, to October 3, 2025. This is due to the hotel not being able to accommodate TCSIG on the original September dates. If the board approves of the new dates TCSIG Admin will get the event booked.

- d. Patient Advocacy: Shea Smith
 - i. Prediabetic Semaglutide Campaign

Shea Smith told the board about the Prediabetic Semaglutide Campaign. She said diabetes is our most expensive diagnosis so the Patient Advocacy team hopes to catch people before diabetes starts by expanding the Semaglutide program. They plan to target people with an A1C over 5.7 and look at comorbidities. The compounded Semaglutide is provided through Dr. Campbell. Ms. Smith then went over what a GLP-1, Semaglutide, was. She then reviewed how the program runs. She provides the member with the program information, goes over what foods to eat and not eat, and provides an incident report just in case there is an issue like a needle bending. Wellness Center Staff is trained on reconstituting the Semaglutide because it comes as a powder. Ms. Smith then provided information on several studies showing how the Semaglutide has been helping people through programs like this one.

- e. Personify Health: Jennifer Bettenhausen, Dawn Goodman
 - i. Propose Plan Document Amendment #3: Update CDHP Single Coverage and Family Unit aggregate deductible effective January 1, 2025.

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1. Resolution #2024-006 Adoption of Amendment #3 to the Medical Plan Document and Summary Plan Description
- ii. Propose Plan Document Amendment #4: Update Pharmacy Benefits Manager from Ingenio to Carelon.
 1. Resolution #2024-011 Adoption of Amendment #4 Update Pharmacy Benefits Manager from Ingenio to Carelon
- iii. Introduce optional changes and timing
 1. Breast cancer screening coverage
 2. Continuous glucose monitors
 3. Simplified Method to determine whether plan is creditable
- iv. Sutter Health Early Termination Warning

Dawn Goodman reviewed amendments that need to be made to the TCSIG Plan Document. The first amendment is increasing the CDHP plan deductible and out-of-pocket max. This change is determined by the IRS and they have raised the required minimum deductible and out-of-pocket max. The second amendment focuses on switching the name Ingenio Rx to Carelon Rx since the name change took place a while ago. Ms. Goodman then reviewed several updates the IRS has made to CDHP coverage. One being that the deductible can be waived for breast MRIs and for continuous glucose monitors. Also retiree's with Medicare on the CDHP plan should not be paying more than \$2000 for prescription. To check this they had Carelon run a report and they verified that any TCSIG members on the CDHP plan will not have to pay \$2000 out of pocket on their prescriptions so the plan is deemed a creditable coverage plan and members will not have to pick up Medicare D.

Jennifer Bettenhausen addressed the Sutter Health, Anthem Blue Cross contract termination notice. As of 01/01/25 Sutter Health will be termed from Anthem's network but sometimes the negotiations continue past the end date. If that happens and an agreement is reached, then the contract will retro back to 01/01/25. Personify is working on a letter to send out to members to notify if they have used Sutter health that they might not be in network. Members would have 90 days to transition care or apply for continuity of care.

- f. Risk Strategies: Paul Harrison, Stephanie Morrisroe
 - i. Propose Policy 315 Amendment
 1. Increase settlement authority currently set at \$10,000
 2. Increase Carl Warren Authority to \$25,000
 3. RSC consults with Carl Warren from \$25,000 to \$100,000
 4. TCSIG must provide formal approval over \$100,000
 - ii. Recommend increasing Reserve Authority, currently set at \$50,000
 1. RSC consults with Carl Warrant from \$50,000 to \$100,000
 2. TCSIG provide formal approval over \$100,000
 - iii. Resolution #2024-007 Policy 315 Amendment
 - iv. Portal Update: Update and consolidate all claim forms.
 - v. Claims Reporting Manual

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- vi. 2024-25 Policy Booklet
- vii. Recommended training using PRISM, APIP or RSC.

Paul Harrison went over the proposed amendment to Policy 315. This amendment would increase the settlement authority from \$10,000 to \$25,000. For settlements Risk Strategies would consult with Carl Warren for claims \$25,000- \$100,000 and then for claims over \$100,000 they ask TCSIG for approval. With the amended policy Risk Strategies will continue to work with TCSIG so they are not working alone. Mr. Harrison then went over current TCSIG trainings. They currently use PublicSchool Works but there are also additional trainings available through PRISM, Victor Solutions. He reiterated how important the training is and how they help keep costs down.

Risk Strategies is updating the portal and are consolidating all the forms that are available there. They are almost done with the initial update but there will be additional updates added. She also stated there is a claims reporting manual available to help members on the portal.

- g. TCSIG: Matt Evans, Ryan Robison, Marisa Garramore, Becca McIntosh
 - i. Recognition of Retirement for Lynn Whitlock
 - ii. Resolution #2024-010 Recognition of Lynn Whitlock’s 30 years of service to Tri-County Schools Insurance Group.

RESOLUTION NO. EC/2024-010

Before the Executive Committee of the Board of Directors of
Tri-County Schools Insurance Group

**IN RECOGNITION OF LYNN WHITLOCK’S THIRTY (30) YEARS
OF SERVICE TO TRI-COUNTY SCHOOLS INSURANCE GROUP**

WHEREAS, Tri-County Schools Insurance Group congratulates Lynn Whitlock on her retirement after thirty years of loyal service with Tri-County Schools Insurance Group; and

WHEREAS, Lynn Whitlock first became employed with Tri-County Schools Insurance Group as an Accountant on December 18, 1995 and promoted to Finance Officer on January 1, 2010. She became the Chief Financial Officer on July 1, 2018 and the Director of Finance and Strategic Planning on January 1, 2023. Lynn Whitlock has served thirty years committed to the financial management of this organization; and

WHEREAS, Tri-County Schools Insurance Group in order to provide a more in depth discussion of Lynn Whitlock’s contribution to this organization incorporates by reference Resolution No EC 2020-006, attached as Exhibit 1 to this resolution; and

WHEREAS, Tri-County Schools Insurance Group wishes to dedicate the following poem to Lynn Whitlock as its final manifestation of admiration, respect, and goodwill towards Lynn Whitlock on her future endeavors;

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Someday

by Sally Painter

A new lifestyle awaits,
Shimmering through the years
of promises and hopes long held
in the whispered word of "someday"
silently wondering if that day would ever come,
now, standing on the threshold,
the doors of change wide open,
All you need do is step inside
to a new world of freedom
and time to live those dreams you shared.

NOW, THEREFORE, BE IT RESOLVED that the Tri-County Schools Insurance Group offers congratulations and sincere appreciation to Lynn Whitlock upon her retirement after thirty years of dedicated service to Tri-County Schools Insurance Group and its members.

Break 11:06am-11:15am

Entered closed session at 11:15am

H. Closed Session

- a. Claims pursuant to Subdivision (b) 54956.95 and 6276.26
- b. Personnel Pursuant to Section 54957(b) and Section 54957.6
- c. Report on status of programs and contracts pursuant to Government Code Section 54950; 6276.02 and 54956.87; 6276.30; 6276.44; 6276.48; 11126; 6254.25(h)(ii)
- d. CONFERENCE WITH LEGAL COUNSEL-ANTICIPATED LITIGATION (Government Code 54956.9)

Significant Exposure to Litigation Pursuant to Paragraph (2) of Subdivision (d) of Section 54956.9

Returned to open session 12:03pm

No action to report from closed session.

H. Action Items

- a. Discussion and Possible Approval: Resolution #2024-005 Amending 2025 Calendar
Motion to approve Resolution #2024-005 Amending 2025 Calendar.

Motion to approve: Lisa Shelton

Second: Danielle Wilson

Motion passed.

Colusa County Office of Ed.	Aaron Heinz- Absent
Feather River College	Kevin Trutna
Franklin Elementary School Dist.	Lisa Shelton
Glenn County Office of Ed.	Ronnie Stenquist
Lake Tahoe Community College	Shelley Yohnka - Absent
Maxwell Unified School Dist.	Danielle Wilson
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Nuestro Elementary School Dist.	Bal Dhillon - Absent
Pierce Unified School District	Daena Meras
Plumas Lake Elementary School Dist.	Ajit Kang
Sierra Plumas Joint Unified	Laraine Sei
Sutter County Supt. of Schools	Ron Sherrod
Sutter Union High School Dist.	Dawn Heraty- Absent
Wheatland Elementary School Dist.	Craig Guensler
Yuba City Unified School District	Scott Bentley- Absent
Yuba Community College Dist.	Kathryn Wilkins
Yuba County Office of Ed.	Mary Hang

b. Discussion and Possible Approval: Resolution #2024-011 Plan Document Amendment #4

Motion to approve Resolution #2024-011 Plan Document Amendment #4.

Motion: Ronnie Stenquist

Second: Mary Hang

Motion passed.

Colusa County Office of Ed.	Aaron Heinz- Absent
Feather River College	Kevin Trutna
Franklin Elementary School Dist.	Lisa Shelton
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Yuba City Unified School District	Scott Bentley- Absent
Yuba Community College Dist.	Kathryn Wilkins
Yuba County Office of Ed.	Mary Hang

c. Discussion and Possible Approval: Resolution #2024-006 Plan Document Amendment #3

Motion to approve Resolution #2024-006 Plan Document Amendment #3.

Motion: Ronnie Stenquist

Second: Daena Meras

Motion passed.

Colusa County Office of Ed.	Aaron Heinz- Absent
Feather River College	Kevin Trutna

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Glenn County Office of Ed.	Ronnie Stenquist
Lake Tahoe Community College	Shelley Yohnka - Absent
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Wheatland Elementary School Dist.	Craig Guensler
Yuba City Unified School District	Scott Bentley- Absent
Yuba Community College Dist.	Kathryn Wilkins
Yuba County Office of Ed.	Mary Hang

- d. Discussion and Possible Approval: Resolution #2024-007 Policy 315 Amendment
Motion to approve Resolution #2024-007 Policy 315 Amendment.
Motion: Daena Meras
Second: Danielle Wilson
Motion passed.

Colusa County Office of Ed.	Aaron Heinz- Absent
Feather River College	Kevin Trutna
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Yuba County Office of Ed.	Mary Hang

- e. Discussion and Possible Approval: Resolution #2024-008 Acquisition of 470 Plumas Blvd., Yuba City, CA 95991
Motion to approve Resolution #2024-008 Acquisition of 470 Plumas Blvd., Yuba City, CA 95991.
Motion: Danielle Wilson

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Second: Lisa Shelton

Motion passed.

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Yuba Community College Dist.	Kathryn Wilkins
Yuba County Office of Ed.	Mary Hang

- f. Discussion and Possible Approval: Resolution #2024-009 Authorizing 2023/2024 Audited Financial Statements
Motion to approve Resolution #2024-009 Authorizing 2023/2024 Audited Financial Statements.

Motion: Daena Meras

Second: Lisa Shelton

Motion passed.

Colusa County Office of Ed.	Aaron Heinz- Absent
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Yuba County Office of Ed.

Mary Hang

- g. Discussion and Possible Approval: Resolution #2024-010 Recognition of Lynn Whitlock’s thirty years of service to Tri-County Schools Insurance Group
Motion to approve Resolution #2024-010 Recognition of Lynn Whitlock’s thirty years of service to Tri-County Schools Insurance Group.
Motion: Danielle Wilson
Second: Lisa Shelton
Motion passed.

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- h. Discussion and Possible Approval: Post-Employment Retirement Medical Benefit
Motion to approve Post-Employment Retirement Medical Benefit.
Motion: Ronnie Stenquist
Second: Mary Hang
Motion passed.

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Feather River College	Kevin Trutna
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I. Items for Next Agenda

J. Adjournment

Motion to adjourn meeting: Danielle Wilson

Second: Mary Hang

Meeting adjourned at 12:07pm

Colusa County Office of Ed.	Aaron Heinz- Absent
Feather River College	Kevin Trutna
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